

IHO<sup>®</sup>

**Pancakes  
Pancakes  
Pancakes** <sup>SM</sup>



# World Famous



**New!**

## International Pancakes

### Belgian Dark Chocolate Mousse

Four luscious chocolate pancakes take a trip to Belgium where they are filled with chocolate chips & layered with a creamy Belgian dark chocolate mousse, then topped with more mousse & chocolate chips.



### English Sticky Toffee

Four world famous buttermilk pancakes turn British when they are filled with crunchy English toffee & layered with salted toffee mousse, then topped with salted caramel sauce & even more crunchy English toffee.



### Mexican Tres Leches

Four world famous buttermilk pancakes become our version of 3 milks bread when they are layered & topped with creamy vanilla sauce, then topped with more vanilla sauce & a drizzle of dulce de leche caramel sauce.



### ★ Original Buttermilk

Five of our world famous buttermilk pancakes\* topped with whipped real butter.



### Harvest Grain 'N Nut®

Four pancakes filled with wholesome oats, almonds & walnuts topped with whipped real butter.



### Cupcake Pancakes

Four buttermilk pancakes filled with festive rainbow sprinkles. Topped with cupcake icing & more sprinkles.



### New York Cheesecake

Four buttermilk pancakes filled with cheesecake bites. Topped with glazed strawberries & dusted with powdered sugar.



**New!**

**English Sticky Toffee Pancakes**



# Pancakes

**Original Buttermilk  
Pancake Combo**



★ **Rooty Tooty  
Fresh 'N Fruity®**

Four buttermilk pancakes.  
Topped with choice of peach topping,  
raspberry topping or glazed  
strawberries.



**Strawberry Banana**

Four buttermilk pancakes filled with  
fresh banana slices. Topped with  
glazed strawberries & more banana  
slices.



**Double Blueberry**

Four buttermilk pancakes filled with  
blueberries & topped with blueberry  
compote.



**Red Velvet**

Four red velvet pancakes topped  
with cream cheese icing & dusted with  
powdered sugar.



## Build Your Breakfast

**Pancake Combo**

Choice of any 2 same-flavoured pancakes.

Pick your pancakes

+

2 Eggs\* your way

+

2 Bacon or sausage

+

Hash browns

## Sides

**Hash Browns**

**Canadian Maple  
Syrup**

**Red Potato Pepper  
& Onion Hash**

Seasoned red potatoes  
with grilled onions & green  
peppers.

**Bacon Strips**

**Turkey Bacon  
Strips**

**Seasonal Mixed  
Fruit**

Small bowl.

**Pork Sausage  
Links**

**Texas Toast**

**Canadian-Style  
Peameal Bacon**

**Turkey Sausage  
Links**

**Sliced Tomatoes**

**Slice of Ham**

## Top it Off!

**Add a topping to any Pancake  
or Griddle Fave item**

- Raspberry Topping
- Glazed Strawberries
- Fresh Banana Slices
- Peach Topping
- Scoop of Ice Cream
- Cinnamon Swirl

Spicy

**Key** Simple & Fit

IHOP® Signature

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# Griddle Faves

## Waffles



### Chicken & Waffles

Four all-white meat crispy chicken strips & our Belgian waffle. Served with choice of plum or ranch.



### Belgian Waffle

Our traditional golden-brown Belgian waffle topped with whipped real butter.

## French Toast



### Our Original French Toast

Six triangles topped with whipped real butter & dusted with powdered sugar.



### Brioche French Toast

Three slices topped with whipped real butter & dusted with powdered sugar.



### Stuffed French Toast

Two cinnamon-raisin triangles with sweet cream filling. Topped with choice of strawberry vanilla, peach vanilla, cinnamon, blueberry topping or glazed strawberries.



### Strawberry Banana French Toast

Our original French toast topped with glazed strawberries & fresh banana slices.



### Cinnamon Swirl Brioche French Toast

Three slices topped with cinnamon roll filling & cream cheese icing.



### Strawberry Banana French Toast Combo

## Crepes



### Chicken Florentine Crepes

Two crepes filled with grilled chicken breast, mushrooms, onions & Swiss on a bed of spinach. Topped with White Cheddar sauce & fresh tomatoes.



### Classic Breakfast

Two crepes stuffed with scrambled eggs, bacon, ham & White Cheddar. Topped with a creamy White Cheddar sauce.



### Banana Crepes with Nutella®

Four delicate crepes topped with Nutella® The Original Hazelnut Spread® & freshly sliced bananas.



### Strawberries & Cream Crepes

Four delicate crepes topped with glazed strawberries & vanilla cream drizzle.



### Sweet Cream Cheese Crepes

Two crepes with sweet cream cheese filling. Topped with choice of raspberry topping or peach topping.



### ★ Swedish Crepes

Four delicate crepes topped with sweet-tart cranberries & cranberry butter.

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# IHOP Creations

**Breakfast Sandwiches Only:** Served with choice of Hash Browns or 2 Buttermilk Pancakes.  
Add 2 Flavoured Pancakes (from pancakes page) or Seasonal Mixed Fruit for 2.99 (2.30 USD).

**New!**

## ★ Ultimate Waffle Stack

A show-stopper breakfast sandwich with 2 eggs\*, 6 slices of bacon, White Cheddar & sweet maple glaze, sandwiched between signature Belgian waffle triangles infused with savoury Cheddar.



**New!**

## Eggs Benedict

Canadian-style bacon on an English muffin topped with two poached eggs & smothered with rich Hollandaise sauce. Served with hashbrowns.

**New!**

## IHOP® Signature Pancake Sliders

Two silver dollar sliders made with original buttermilk pancakes & filled with a scrambled egg omelette (made with a splash of buttermilk & wheat pancake batter), turkey sausage, bacon & processed cheese, all topped with sweet maple glaze.



**New!**

## ★ Southwest Scramble

Scrambled eggs with Jack & Cheddar topped with our salsa & avocado. Served with red potato pepper & onion hash or hash browns & side choice of a tortilla, toast or 2 buttermilk pancakes.



**New!**

## Create Your Own Melt

Grilled artisan sourdough filled with scrambled eggs, Swiss, processed cheese & your choice of sliced ham, bacon or fire-roasted poblano peppers & onions.  
Substitute Canadian Peameal Bacon



**New!** IHOP® Signature Pancake Sliders



## Create Your Griddle Combo

### French Toast Combo

French Toast + 2 eggs your way  
+ 2 bacon or 2 sausage + hash browns

#### Choose your flavour:

**Original** 4 triangle

**Brioche** 2 slices

**Stuffed French Toast** 1 triangle

**Strawberry Banana** 4 triangles

**Cinnamon Swirl Brioche** 2 slices

### Crepe Combo

Crepes + 2 eggs your way  
+ 2 bacon or 2 sausage + hash browns

#### Choose your flavour:

**Banana with Nutella®** 2 crepes

**Strawberries & Cream** 2 crepes

**Sweet Cream Cheese** 1 crepe

**Swedish** 2 crepes

### Belgian Waffle Combo

Waffle + 2 eggs your way + 2 bacon or 2 sausage

# Combos



**★ Breakfast Sampler**  
Two eggs, 2 bacon strips, 2 pork sausage links, 2 ham slices, hash browns & 2 buttermilk pancakes.



**Split Decision Breakfast**  
Two eggs, 2 bacon strips, 2 pork sausage links, 2 triangles of French toast & 2 buttermilk pancakes.



**Smokehouse Combo**  
Two jumbo smoked pork sausage links served with 2 eggs, hash browns & 2 buttermilk pancakes.



**2 x 2 x 2**  
Two eggs, 2 bacon strips or 2 pork sausage links & 2 buttermilk pancakes.



**Quick 2-Egg Breakfast**  
Two eggs, hash browns, 2 bacon strips or 2 pork sausage links & toast.



**🌱 Simple & Fit 2-Egg Breakfast**  
Scrambled egg whites served with 2 slices of turkey bacon or turkey sausage, seasonal mixed fruit & whole wheat toast.

## EGGS 101

**Get your eggs exactly how you like them.**

**Scrambled:** Whites & yolks mixed together.

**Over Easy:** Soft whites with a runny yolk.

**Over Medium:** Firm whites with a semi-firm yolk.

**Over Hard:** Firm whites with a firm, broken yolk.



**★ Sirloin Tips & Eggs**  
Sirloin tips (cooked-to-order) with grilled onions & mushrooms. Served with 2 eggs, hash browns & 2 buttermilk pancakes.



**T-Bone Steak & Eggs**  
T-Bone steak (cooked-to-order) grilled & served with 3 eggs, & 3 buttermilk pancakes.



**Country Fried Steak & Eggs**  
A golden-battered beef steak smothered in country gravy. Served with 2 eggs, hash browns & 2 buttermilk pancakes.

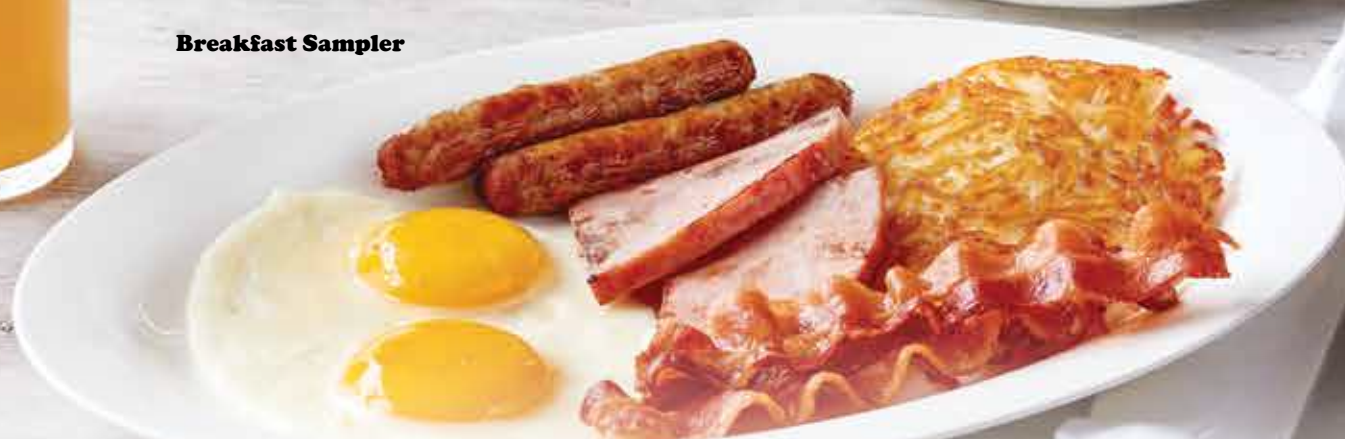


**Big 3-Egg Breakfast**  
Three eggs, 4 bacon strips, & 3 buttermilk pancakes & hash browns.  
Substitute other meat options:  
• 4 Pork Sausage Links  
• Canadian Peameal Bacon

## 🌱 SIMPLE & FIT SUBSTITUTIONS

**Egg Whites**  
**Turkey Bacon**  
**Canadian Peameal Bacon**

### Breakfast Sampler



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# Omelettes

Made with a splash of buttermilk & wheat pancake batter!

Served\* with choice of 3 Buttermilk Pancakes, Hash Browns, Buttered Toast, Seasonal Mixed Fruit or 3 Flavoured Pancakes (from pancakes page)

*\*Excludes Simple & Fit selection, which is served as described.*

**Add avocado to any omelette!**



## Spicy Poblano Omelette

Fire-roasted Poblano peppers & onions, shredded beef, Jack & Cheddar blend, fresh avocado, Poblano cream & spicy, chopped Serrano peppers.



## Big Steak Omelette

Steak, hash browns, green peppers, onions, mushrooms, tomatoes & Cheddar. Served with our salsa.



## Chicken Fajita Omelette

Grilled chicken breast with Poblano & red bell peppers, onions, Jack & Cheddar & our salsa topped with sour cream. Served with a fresh grilled Serrano pepper.



## Cheeseburger Omelette

100% Canadian beef, hash browns, fresh tomatoes, onions & processed cheese. Topped with ketchup, mustard & pickles.



## Colorado Omelette

Bacon, shredded beef, pork sausage & ham with green peppers, onions & Cheddar. Served with our salsa.



## Bacon Temptation Omelette

Chopped bacon with Jack & Cheddar & a White Cheddar sauce. Topped with tomatoes & more bacon.



## Country Omelette

Ham, hash browns, onions & Cheddar. Topped with sour cream.



**Spicy Poblano Omelette**

## Veggie



## Spinach & Mushroom Omelette

Fresh spinach, mushrooms, onions & Swiss. Topped with hollandaise & tomatoes.



## Egg White Vegetable Omelette

Egg white omelette filled with fresh spinach, onions & Pepper Jack topped with fresh avocado & tomatoes. Served with seasonal mixed fruit.



## Garden Omelette

A fresh mix of broccoli, mushrooms, tomatoes & Cheddar.

## Build Your Omelette

### Create Your Omelette

Served with choice of side. See sides above.

#### Choose your cheese:

Processed  
White Cheddar  
Jack & Cheddar blend  
Swiss  
Pepper Jack

#### Choose your add-ins:

Bacon  
Pork Sausage  
Ham  
Extra Cheese  
Fresh Mushrooms  
Fresh Tomatoes  
Fresh Spinach  
Fresh Green Peppers & Onions  
Serrano Peppers  
Poblano Peppers  
Fresh Avocado

# Sandwiches

Served with choice of French Fries, Onion Rings or Hash Browns.  
Add Seasonal Mixed Fruit, 2 Buttermilk Pancakes, Soup or Side Salad  
**Add avocado to any sandwich!**

**New!**  
Pancakes  
now available  
as a side.



## Roasted Turkey Sandwich

Carved roasted turkey breast with bacon, Swiss, lettuce, tomato & mayonnaise on marbled rye.

## Turkey, Bacon & Avocado Wrap →

Carved roasted turkey breast, avocado, bacon, tomatoes, mixed greens, red onions & ranch in a flour tortilla wrap.



## Double BLT

Double-decker with 6 strips of bacon, lettuce, tomato & mayonnaise on white toast.

## Chicken Clubhouse Super Stacker

Grilled chicken breast strips, green peppers, onions, White Cheddar, bacon, buttermilk ranch, lettuce, tomatoes & mayonnaise on a grilled roll.



## Spicy Chicken Ranch Sandwich

Crispy chicken breast tossed in our citrus chili sauce with melted Pepper Jack, a mix of roasted onions, Poblano & red bell peppers, ranch & lettuce on our grilled Brioche bun.  
Substitute grilled chicken



## Philly Cheese Steak Stacker

Grilled sirloin steak & onions topped with melted processed cheese on a grilled roll.



## Salads

**New!**

### Chicken Cobb Salad

Grilled or crispy chicken, bacon, hard-boiled egg, fresh tomatoes & crumbled Blue cheese on a bed of mixed greens & crisp Romaine tossed in ranch. Add avocado.

**New!**

### Grilled Chicken & Veggie Salad

Grilled chicken breast, fresh sliced tomato, red onions, avocado, mushrooms & a grilled lemon on mixed greens & crisp romaine tossed in balsamic vinaigrette.

### Chicken Caesar Salad

Grilled or crispy chicken, croutons & Parmesan on a bed of crisp romaine tossed in Caesar dressing.

**New!**

### Chicken & Spinach Salad

Grilled or crispy chicken, bacon, hard-boiled egg, tomatoes & Cheddar on a bed of spinach tossed in honey balsamic vinaigrette.

### Caesar Salad

Croutons & Parmesan on a bed of crisp romaine tossed in Caesar dressing.

**New!**

### House Salad

Fresh sliced tomatoes & red onions on mixed greens & crisp romaine tossed in choice of dressing.

## Soups



### Roasted Chicken Noodle

**New!**

### Grilled Chicken & Veggie Salad



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# Burgers

**New!**  
Pancakes  
now available  
as a side.

**Made with 100% Black Angus Canadian Beef**

Served with choice of French Fries, Onion Rings or Hash Browns.  
Add Seasonal Mixed Fruit, 2 Buttermilk Pancakes, Soup or Side Salad.



## ★ Denver Omelette Burger

White Cheddar, sliced ham & an omelette (made with a splash of buttermilk & wheat pancake batter) with green peppers, onions & our signature IHOP® Sauce.

## Bacon Cheeseburger →

Bacon, processed cheese, lettuce, tomato, red onion & our signature IHOP® Sauce.



## Cheeseburger Sliders

Three 100% Canadian beef sliders topped with processed cheese, lettuce, tomato & onion on slider buns.

## Veggie Burger

Made with a delicious combination of peas, carrots, corn, green beans & red peppers.

## Mega Monster Cheeseburger

Two 100% Canadian beef patties, processed cheese, White Cheddar, lettuce, tomato, red onion & our signature IHOP® Sauce.



## ← Cheeseburger

Processed cheese, lettuce, tomato, red onion & our signature IHOP® Sauce. Available without cheese.



## Add Your Extras\*

+  
An extra  
100% Canadian  
Choice Patty

+  
Canadian  
Peameal Bacon

+  
Fried Egg

+  
Hash Browns

+  
Avocado

\*Excludes Cheeseburger Sliders

## Apps

### Monster Mozza Sticks

Five thick Mozzarella cheese sticks served with marinara.

### Mac & Cheese Bites

Home-style Cheddar Mac & Cheese stuffed into shareable wedge bites.

### Slider Trio

Three 100% Canadian beef sliders topped with processed cheese, fresh lettuce, tomato & onion.

### Crispy Chicken Strips & Fries

Five all-white meat crispy chicken strips & French fries. Served with choice of plum or ranch.

### Appetizer Sampler

Monster Mozza Sticks, Onion Rings & Crispy Chicken Strips served with marinara & choice of plum or ranch.

**New!**

### Chicken & Three-Cheese Quesadilla

Grilled chicken breast, fire-roasted Poblano peppers & onions, Pepper Jack, Monterey & Cheddar in a flour tortilla. Served with salsa, sour cream & a fresh grilled Serrano pepper.

### Appetizer Sampler



# Entrées

Served with 2 Buttermilk Pancakes. Add your choice of Soup or Side Salad.

**New!**  
Pancakes  
now available  
as a side.



**Tilapia Florentine**



**Bacon Crusted Chicken**



**Roasted Turkey & Fixings**



**Country Fried Steak**



**Sirloin Steak Tips**

## Country Fried Steak

A golden-battered beef steak smothered in country gravy. Served with mashed potatoes & steamed fresh broccoli & garlic bread.

## Roasted Turkey & Fixings

Carved roasted turkey breast topped with warm gravy. Served with stuffing, mashed potatoes, steamed fresh broccoli & a side of cranberries & garlic bread.

## Tilapia Florentine

Two filets over fresh spinach tossed in Alfredo sauce. Served with mashed potatoes & garlic bread.

## Bacon Crusted Chicken Breast with Potato Hash

Bacon crusted grilled chicken breast with Pepper Jack over red potato pepper & onion hash & hollandaise. Served with garlic bread.

## T-Bone Dinner

Cooked-to-order & served with red potatoes, broccoli & garlic bread.

## ★ Sirloin Steak Tips

Tender sirloin tips (cooked-to-order) with grilled onions & mushrooms. Served with mashed potatoes, & whole kernel buttered corn & garlic bread.

## Desserts

### Ice Cream Sundae

Two scoops of vanilla ice cream with choice of chocolate sauce or glazed strawberries.

### Kids Jr. Sundae

One scoop of vanilla ice cream with choice of chocolate sauce or glazed strawberries.

### Fruit Crepe

One crepe filled with choice of raspberry topping, blueberry compote or glazed strawberries. Topped with vanilla ice cream & more fruit topping.





# Menu

special values for guests ages 55+

## Breakfast

### 55+ Breakfast Sampler

One egg, 1 bacon strip, 1 pork sausage link, 1 piece of ham, hash browns & 1 buttermilk pancake.

### 55+ Cheese Omelette

Made with Cheddar & a splash of buttermilk & wheat pancake batter. Served with 2 buttermilk pancakes.

### 55+ Rise 'N Shine

Two eggs, hash browns, 2 bacon strips or 2 pork sausage links & toast.

### 55+ French Toast

Four triangles served with 2 bacon strips or 2 pork sausage links.



55+ Breakfast Sampler



### SIMPLE & FIT SUBSTITUTIONS

Egg Whites  
Turkey Bacon  
Canadian Peameal Bacon



## Kids' Menu

Kids' drinks. (Free refills on soft drinks)

Substitute Seasonal Mixed Fruit or French Fries instead of Mott's® Applesauce.

### Funny Face® Pancake

### Silver 5

### French Toast with Nutella®

### Jr. Cupcake Pancake Combo

### Create-A-Face Pancake

### Breakfast Sammy

### Grilled Cheese Sandwich

### Mac & Cheese

### Chicken Nuggets

### Jr. Cheeseburger with Fries

### Jr. Chicken & Waffles

### Mac & Cheese Bites with Fries

## Build Your Rooty Jr.®

#### Choose:

Buttermilk Pancake  
Belgian Waffle  
Brioche French Toast

#### Top it:

Glazed Strawberries  
Blueberry Topping  
Peach Topping  
Raspberry Topping  
Sliced Bananas  
Strawberry Low-Fat Yogurt Tube

#### Includes:

1 Scrambled Egg  
1 Bacon Strip  
1 Pork Sausage Link

Funny Face® Pancake



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# Beverages

## Coffee



IHOP® Colombian Blend  
100% Arabica Beans

### ★ Never Empty Coffee Pot®

Free refills. Regular or Decaf

### Flavoured Coffee

French Vanilla, Swiss Mocha

### Cold-Brew Iced Coffee

Mocha, Vanilla, Original

### Specialty Coffee

Cappuccino, Latte or Coffee Crisp.



### Espresso

### Hot Chocolate



### French Toast Hot Chocolate

## Tea & Lemonade

### Freshly Brewed Iced Tea

### Lemonade

### Hot Tea

Ask your server for available varieties.

## Fruit Juices

### Premium Juice

Orange, Apple, Cranberry & Grapefruit.

## IHOP Splashers®

### Splashberry

A blend of glazed strawberries, lemon-lime soda & premium orange juice.

### ★ Tropical Island Twist

A blend of lemonade, lemon-lime soda & tropical mango syrup.

## Soft Drinks

### Fountain Drinks

Pepsi, Diet Pepsi, Root Beer or 7UP (Free Refills).

### Bottled Water

### 2% & Chocolate Milk

### Milk Shake

Chocolate, Vanilla, Strawberry

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